

RAWMYUM -GANGNAM SPICY

Nutrition Facts

1 servings per container

Serving size 1 CUP (50g)

Amount Per Serving

Calories 160

% Daily Value*

Total Fat 1g 1%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 860mg 37%

Total Carbohydrate 32g 12%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 6g 12%

Vitamin D 0mcg 0%

Calcium 8mg 0%

Iron 0mg 0%

Potassium 25mg 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.